

Love the Kid, Hate the Disease

Lessons learned from a father dealing with his son's addiction

Twelve gritty, relatable, and personal short stories about a teenager's deep struggle with addiction and his father's journey supporting his recovery process.

Read the stories at
www.AddictionLessons.com

The son, Stevie, is now 25, seven years sober, and living a connected, productive and happy life!

All 12 stories take only 40 minutes to read, and address topics such as:

There is great hope for recovery!

Parental fear, isolation, and dysfunction at home

Why addicted people behave erratically

Common traps, such as lying, manipulating, and playing parents off each other

Parent tools to promote healthy change


The recovery process explained

Feedback from Site Users:

Over 98% of users completing the survey would **recommend the stories to others**

Over 90% of users completing the survey:

- » Feel **more hope**
- » Learn **powerful change tools**
- » Better understand the **recovery process**
- » Recognize the **impact on family**



“Although everyone's journey with this is different, there are just some things every single parent of an addict can feel in their bones and relate to in your words. It felt like you were speaking to me and that you GOT ME. I felt understood and seen.”

— Megan

“Incredibly powerful and valuable. Truly. You've captured so many realities and truths herein. It is likely to inform and empower parents and family members to make a difference and give them hope in tough times.”

— John F. Kelly, PhD., ABPP

Harvard Medical School's first endowed professor of addiction medicine



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